

# MY FEELINGS BOOKLET



AN E-TWINNING PROJECT

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# THE PROJECT'S IDEA

Being aware of our own behaviors and the results of these behaviors on each others' feelings. The aim is to enable and boost the feeling of empathy with each other.

# DURATION :

## 6 MONTHS

December, 2024

January, 2025

February, 2025

March, 2025

April, 2025

May, 2025



# PARTNERS OF THE PROJECT :



TÜRKİYE

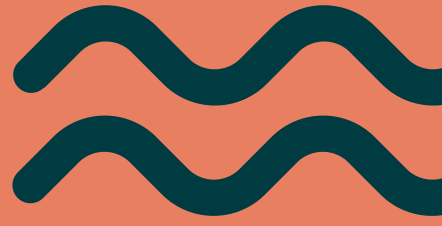
ITALY

ROMANIA

SPAIN

GREECE

JORDAN

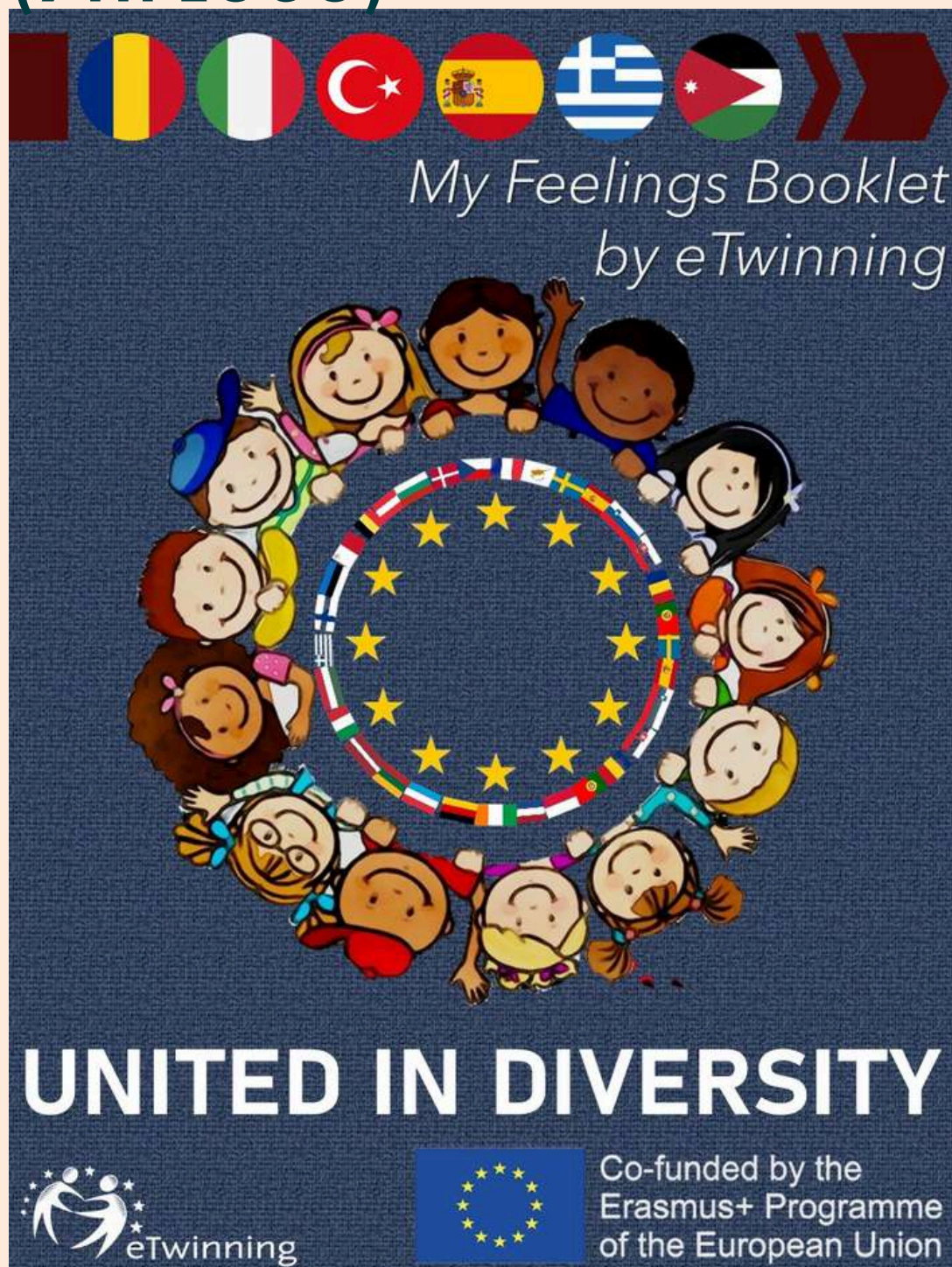


# OUR LOGOS



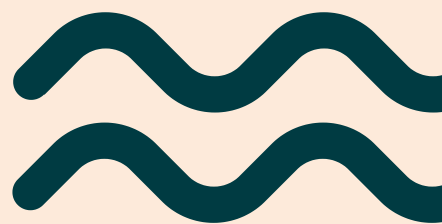
# 🏆 OUR WINNER LOGO 🏆 FROM ITALY

(7TH LOGO)



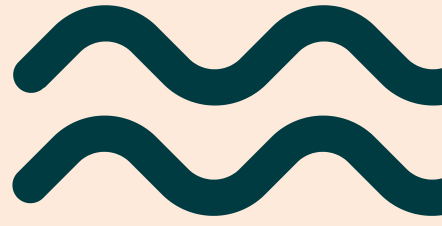


# 1ST LOGO ON THE COMPETITION

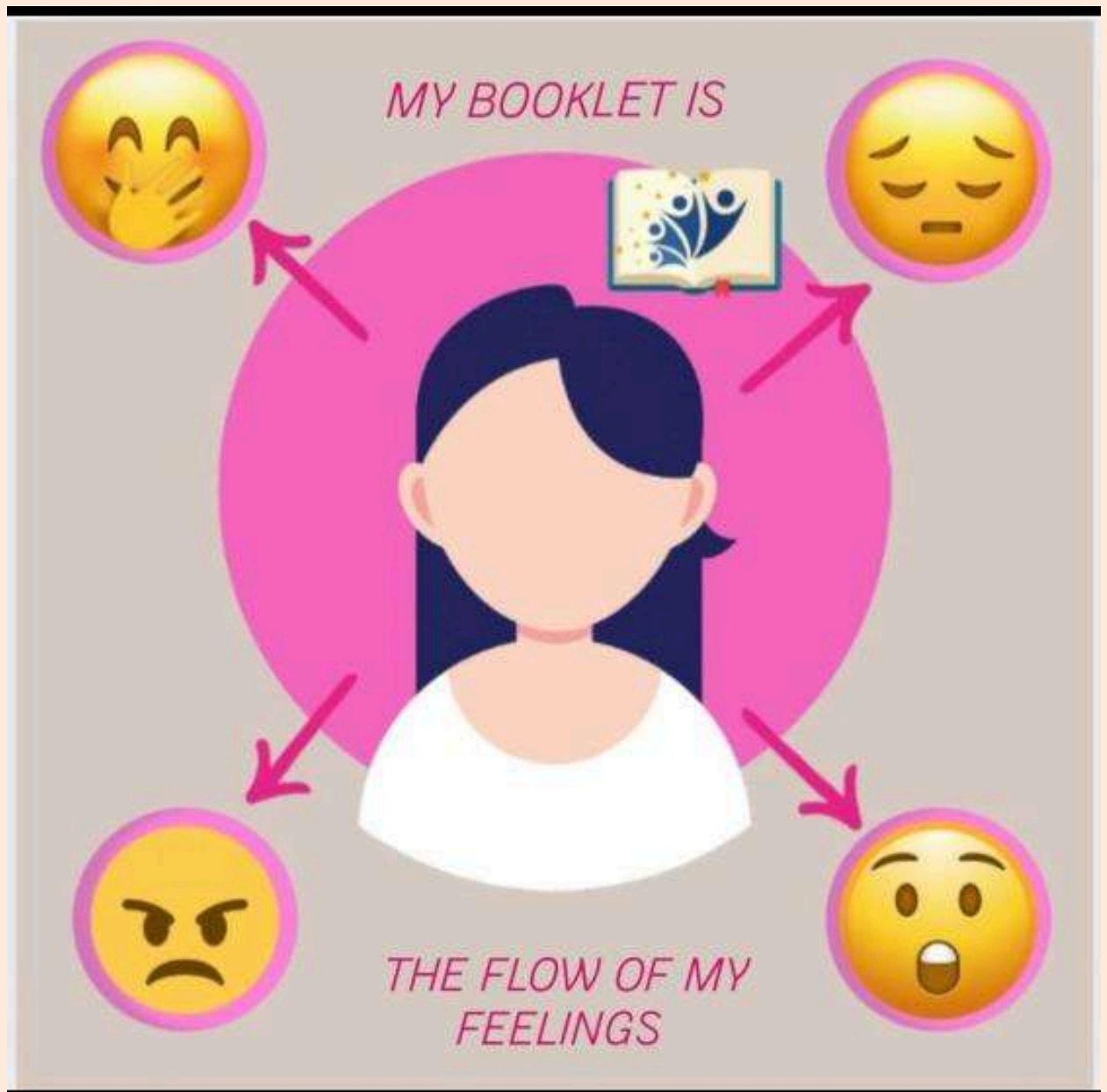
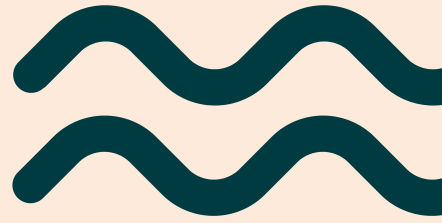




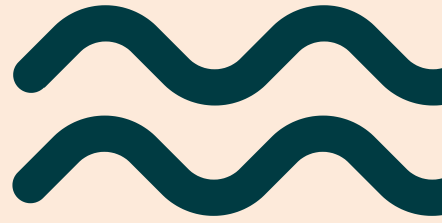
## 2ND LOGO ON THE COMPETITION



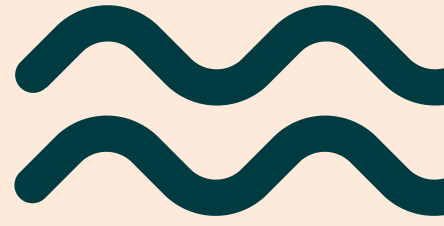
## 3RD LOGO ON THE COMPETITION



## 4TH LOGO ON THE COMPETITION

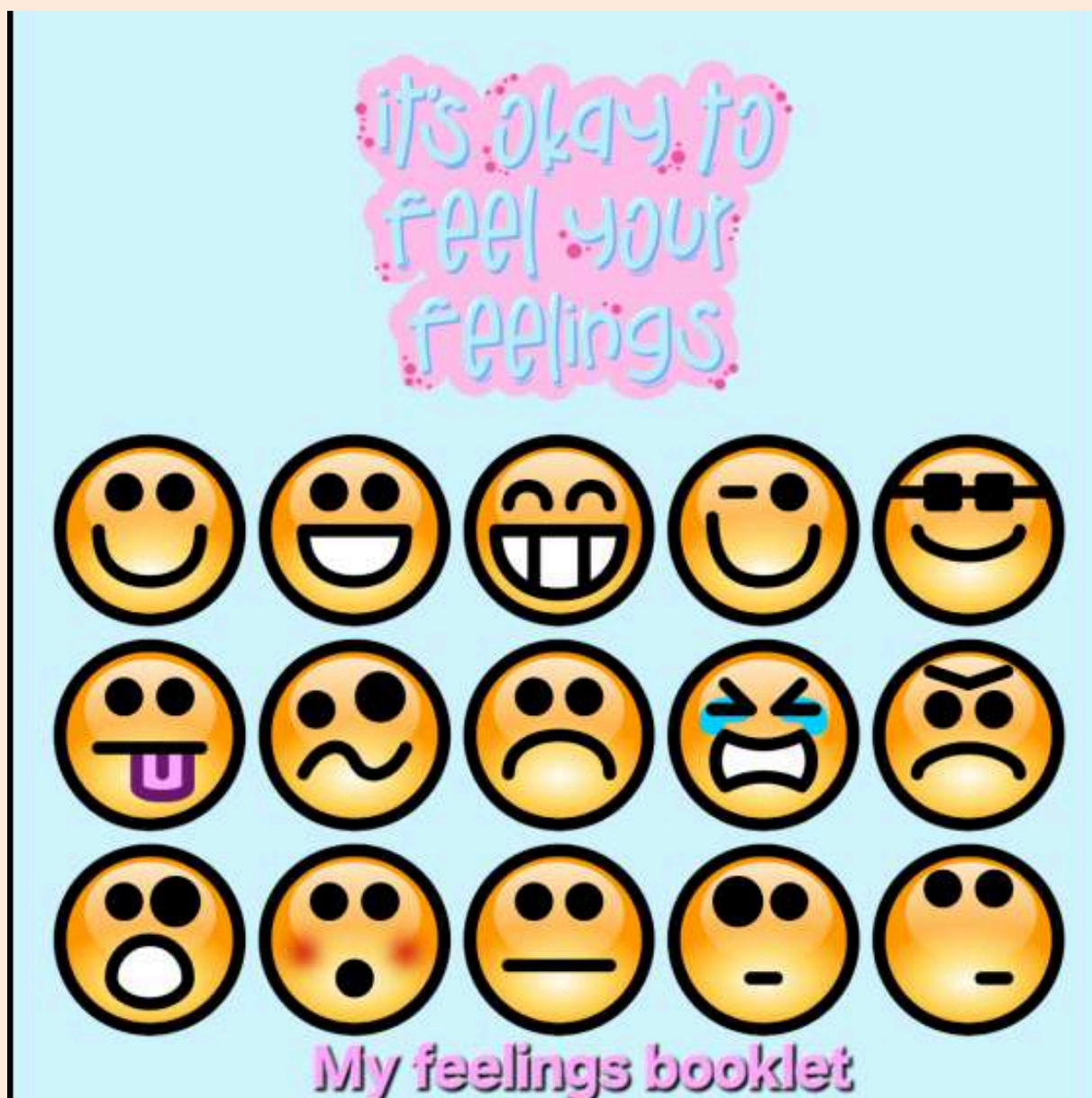
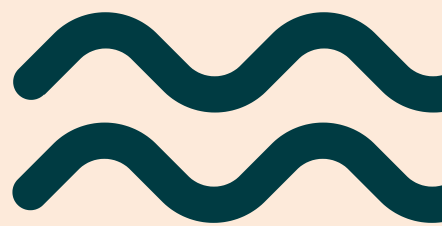


## 5TH LOGO ON THE COMPETITION

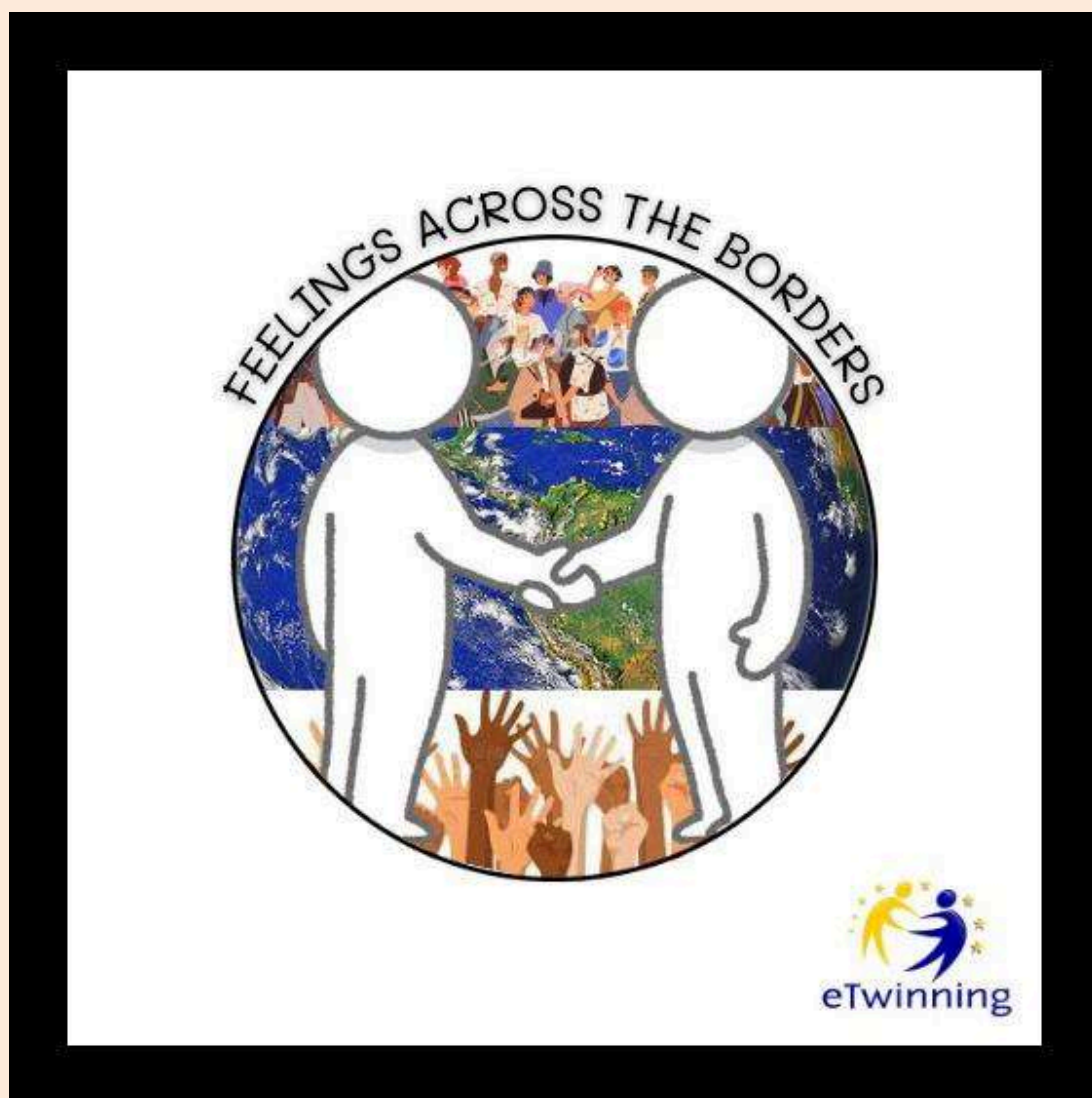
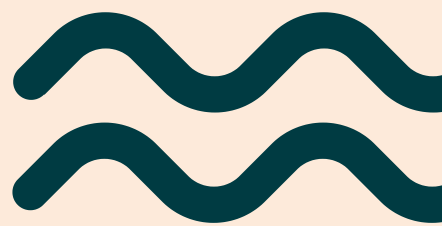




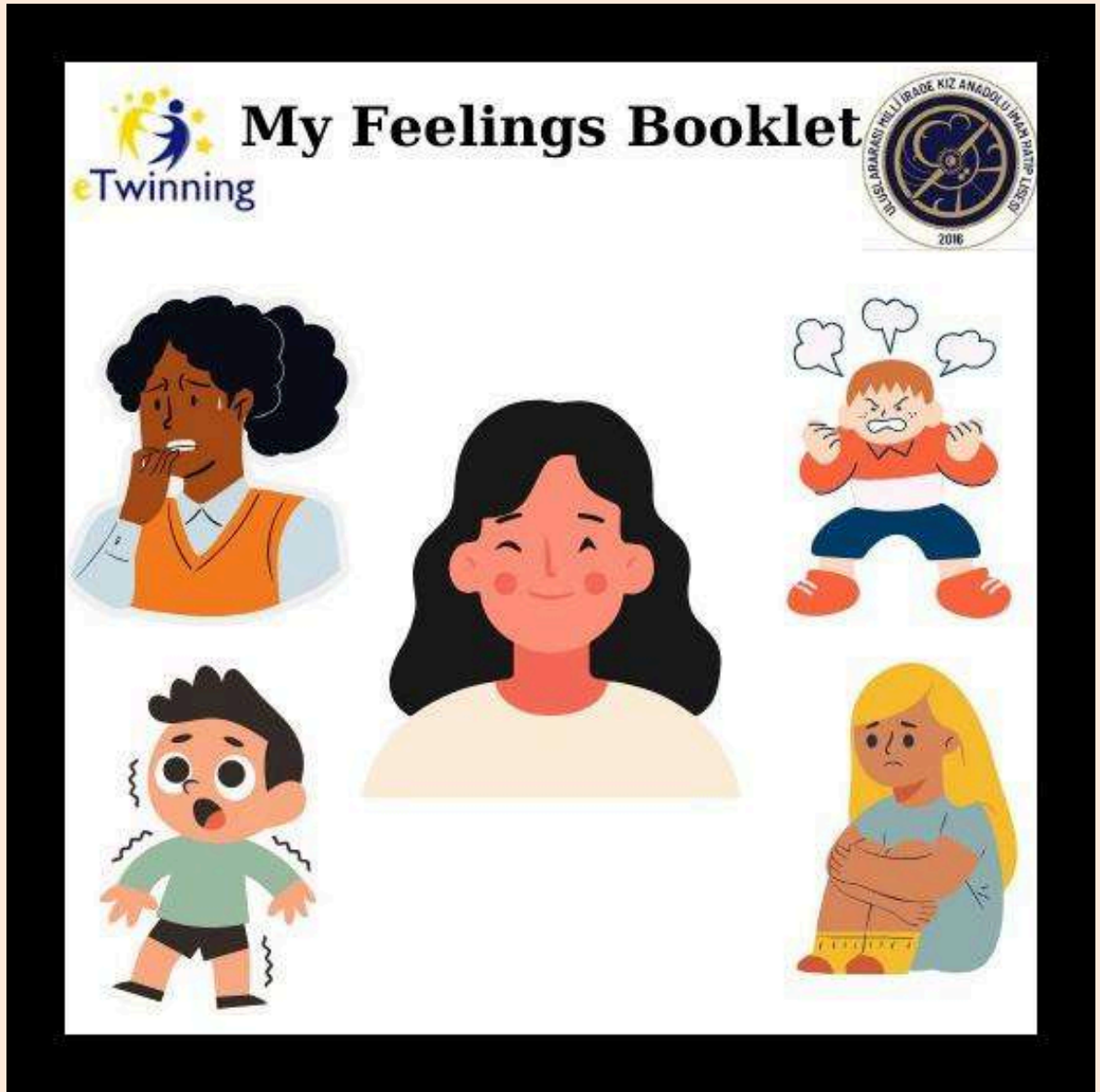
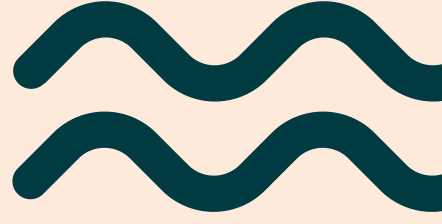
## 6TH LOGO ON THE COMPETITION



## 8TH LOGO ON THE COMPETITION

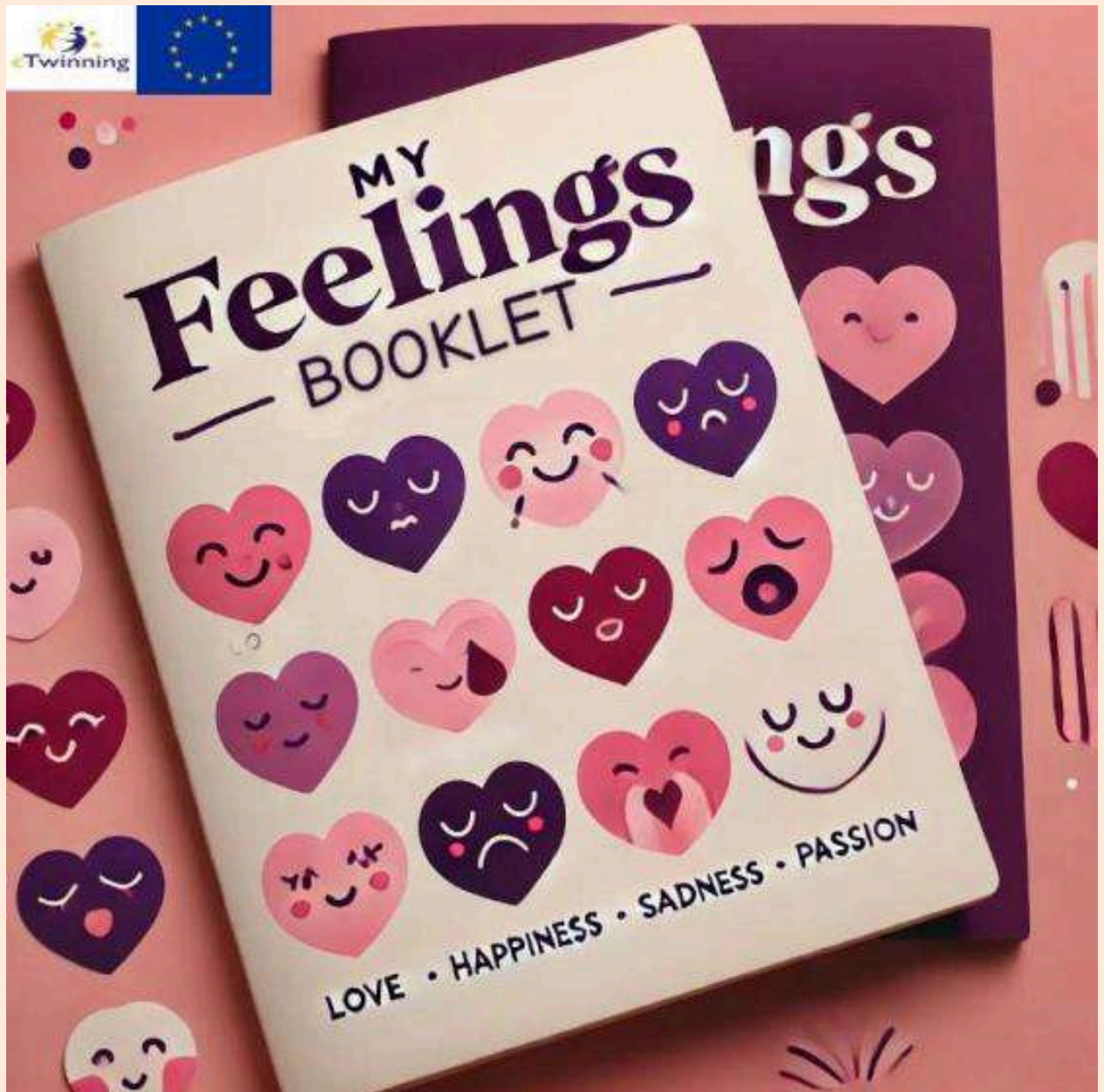
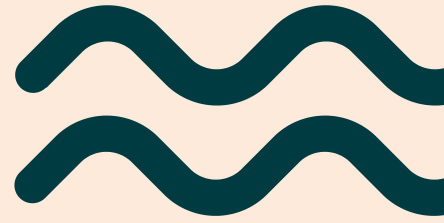


# 9TH LOGO ON THE COMPETITION

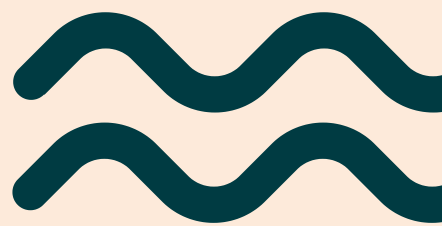


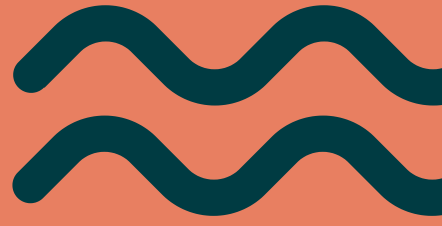


## 10TH LOGO ON THE COMPETITION



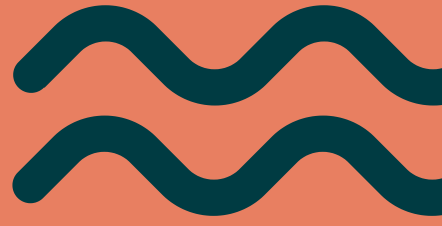
# 11TH LOGO ON THE COMPETITION





# MY FEELINGS AT SCHOOL



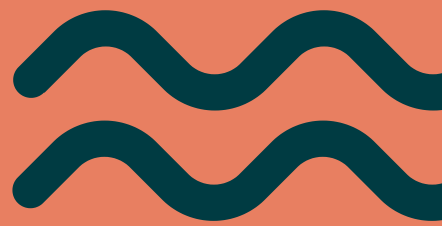


## AN ACRONYM FOR MY EMOTIONS AT SCHOOL

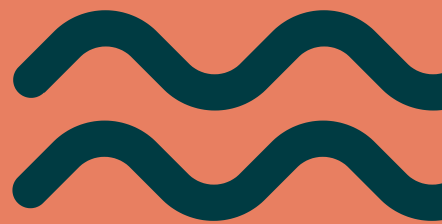
\*L\*OST IN THE ECHOES OF SILENT NIGHTS,  
\*O\*VERWHELMED BY SHADOWS THAT DIM THE LIGHTS.  
\*N\*EVER-ENDING WHISPERS HAUNT THE AIR,  
\*E\*MPTY SPACES SHOW NO ONE'S THERE.  
\*L\*INGERING DREAMS FADE WITH THE DAWN,  
\*I\*SOLATION GROWS AS TIME DRAGS ON.  
\*N\*UMB HEARTS BEAT IN QUIET DESPAIR,  
\*E\*CHOES OF LONGING FILL THE COLD NIGHT AIR.  
\*S\*EARCHING FOR WARMTH, BUT FINDING NONE,  
\*S\*TILL HOPING THAT LONELINESS WILL COME UNDONE.



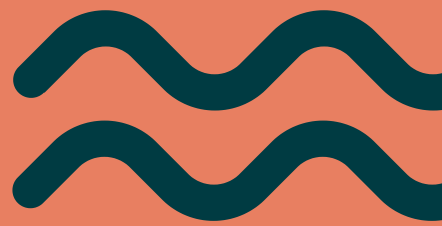
# COMICS ABOUT MY FEELINGS AT SCHOOL



# COMICS ABOUT MY FEELINGS AT SCHOOL

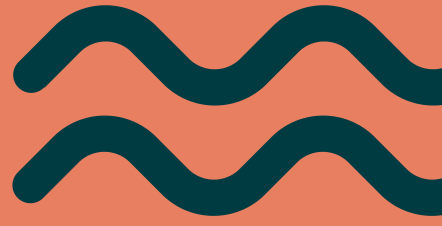


# COMICS ABOUT MY FEELINGS AT SCHOOL

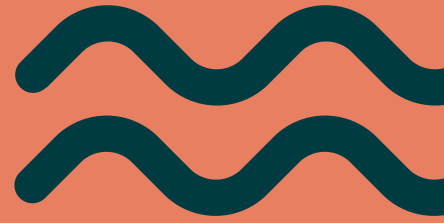




# PUZZLES ABOUT MY FEELINGS AT SCHOOL



# PUZZLES ABOUT MY FEELINGS AT SCHOOL



PUZZLE-1

## MY FEELINGS AT SCHOOL

### WORD SEARCH WITH EMOTIONS

Find the words listed below and circle them.

W	F	U	N	N	Y	E	L	A	N	G	R	Y	O
S	U	C	C	E	S	S	F	U	L	L	S	H	Y
E	N	G	O	O	D	G	T	I	R	E	D	X	V
E	M	P	A	T	H	Y	H	G	R	E	A	T	X
A	N	S	A	D	D	O	L	O	V	E	L	Y	S
S	P	C	H	E	E	R	F	U	L	W	E	G	A
A	R	P	R	I	G	H	T	E	N	E	D	K	D
H	S	U	R	P	R	I	S	E	D	R	S	W	X
L	O	V	E	G	R	E	A	T	O	J	E	J	S

FUNNY

LOVELY

CHEERFUL

SURPRISED

ANGRY

SUCCESSFUL

SHY

GOOD

TIRED

EMPATHY

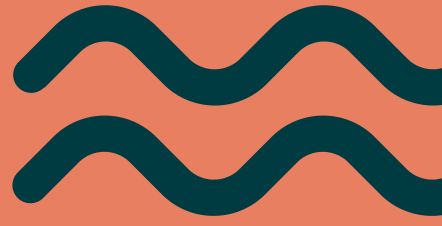
GREAT

SAD

FRIGHTENED



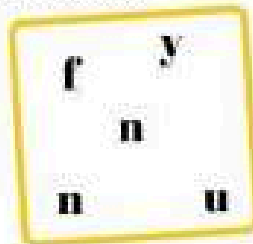
# PUZZLES ABOUT MY FEELINGS AT SCHOOL



PUZZLE - 2

## PICPHABET PUZZLE

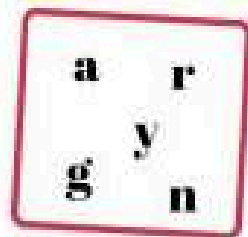
Find the names of the emotions by looking at the emoticons by using the letters in the boxes.



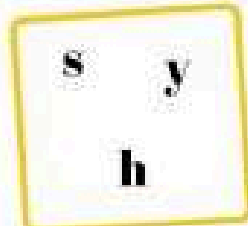
\_\_\_\_\_



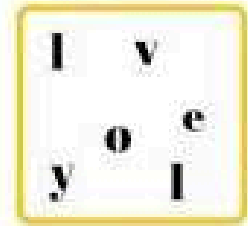
\_\_\_\_\_



\_\_\_\_\_



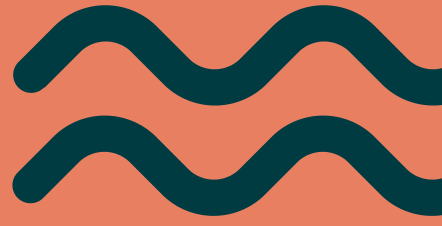
\_\_\_\_\_



\_\_\_\_\_



# PUZZLES ABOUT MY FEELINGS AT SCHOOL



PUZZLE-3

Find the hidden emotions.

U N 

 L Y

S E L 

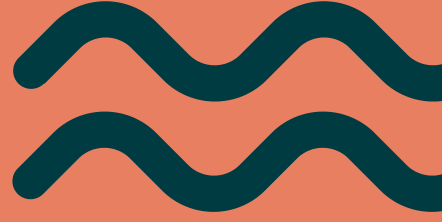
H    Y

S  Y

 F U L



# A DIGITAL ACTIVITY/GAME ABOUT MY FEELINGS AT SCHOOL

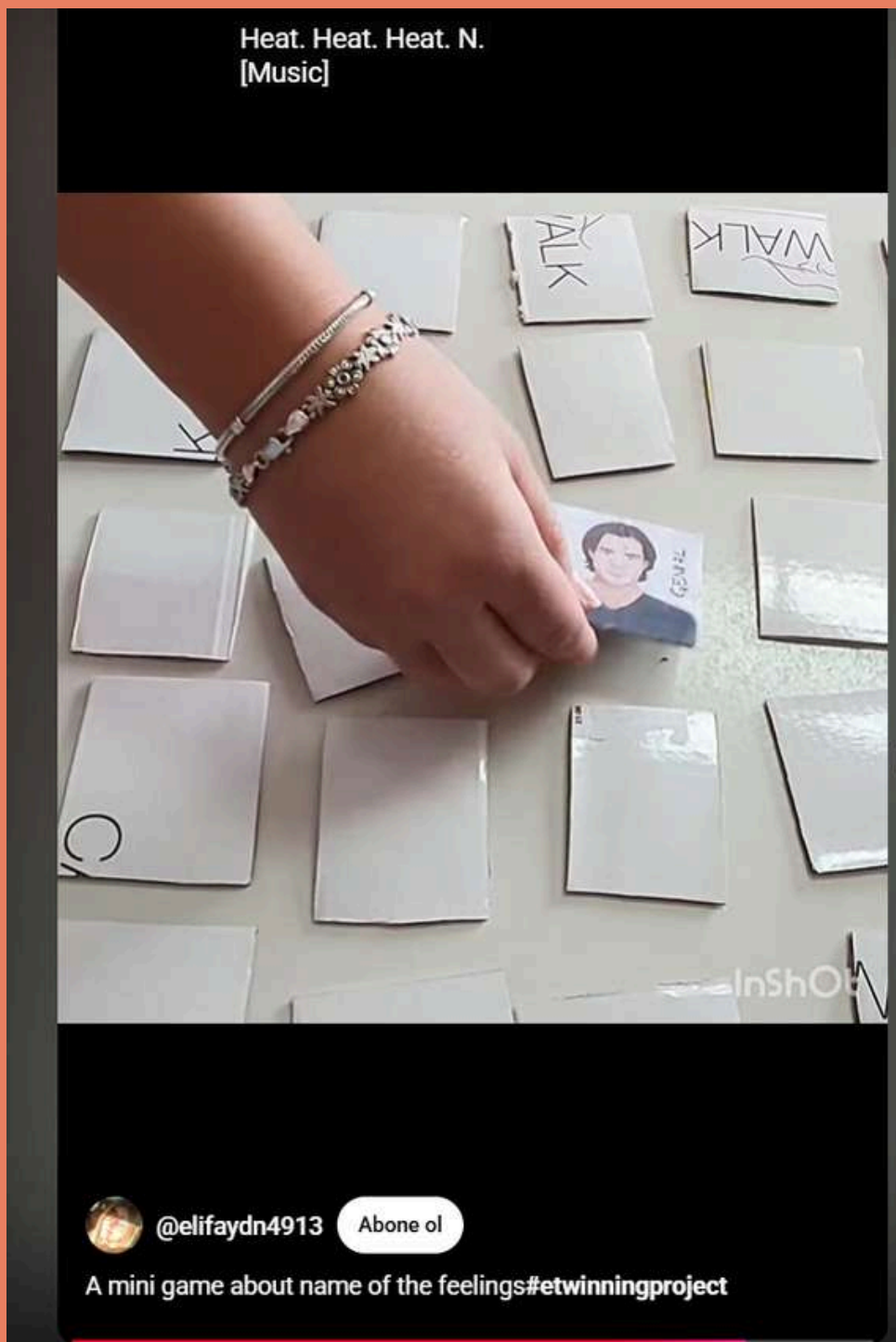
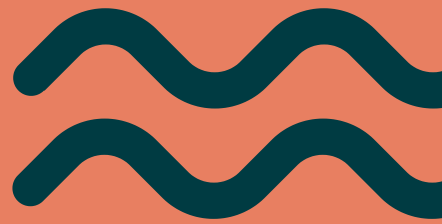


[CLICK HERE TO SEE THE GAME :\).](#)



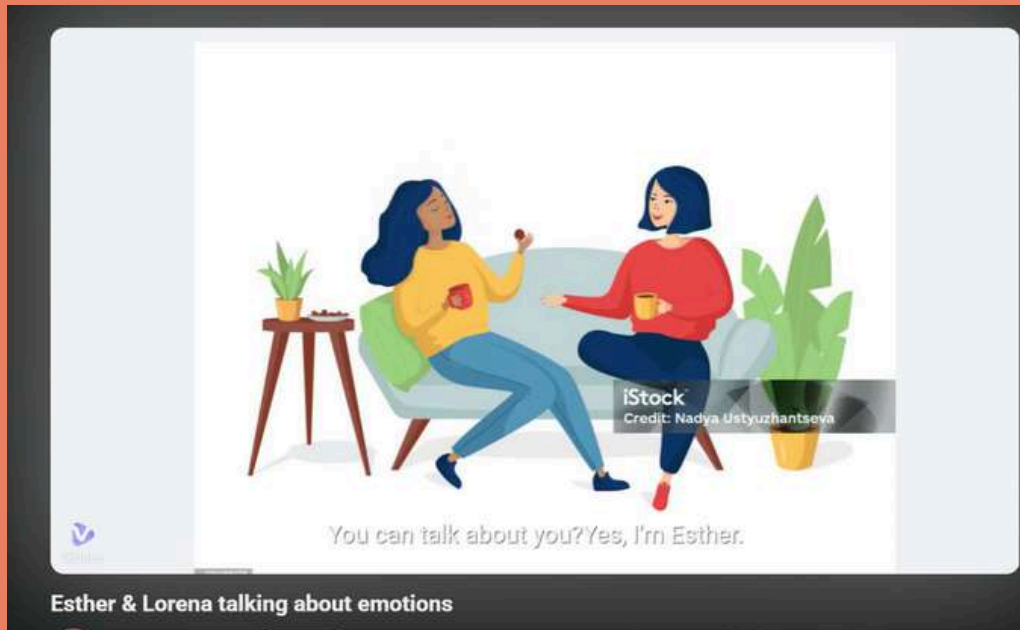
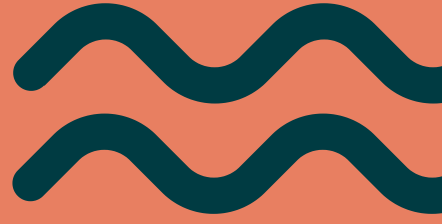
[CLICK HERE TO PLAY THE GAME :\).](#)

# A CARD GAME ABOUT MY FEELINGS AT SCHOOL

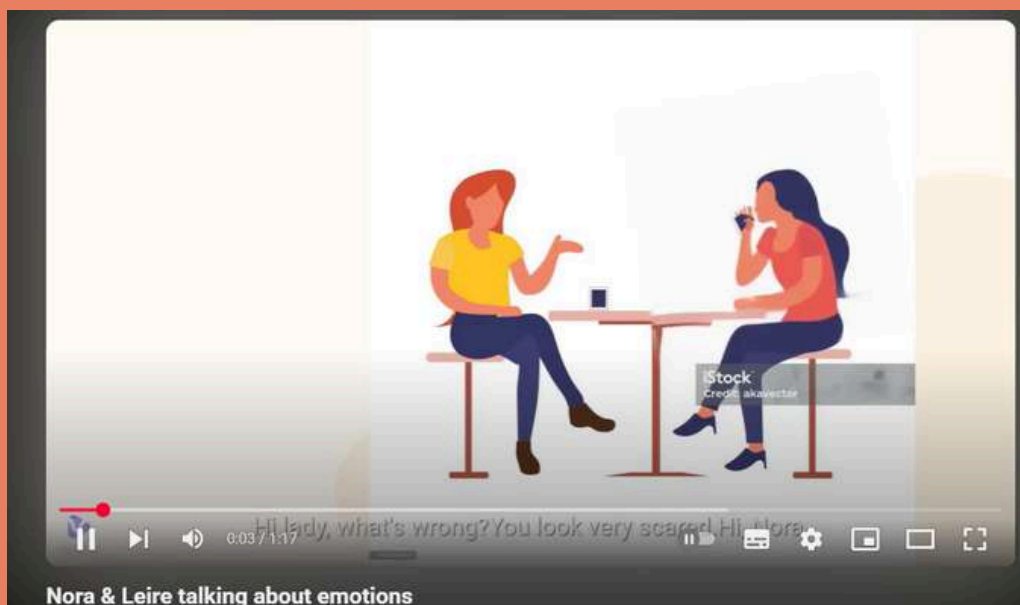


[CLICK HERE TO SEE THE GAME :\)](#)

# VIDEOS ABOUT MY FEELINGS AT SCHOOL



[CLICK HERE TO WATCH THE VIDEO :\).](#)

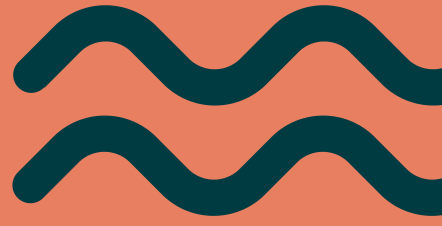


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# VIDEOS ABOUT MY FEELINGS AT SCHOOL

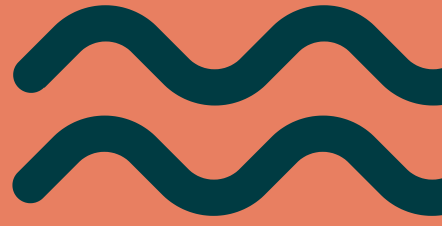


**[CLICK HERE TO WATCH THE VIDEO :\).](#)**



**[CLICK HERE TO WATCH THE VIDEO :\).](#)**

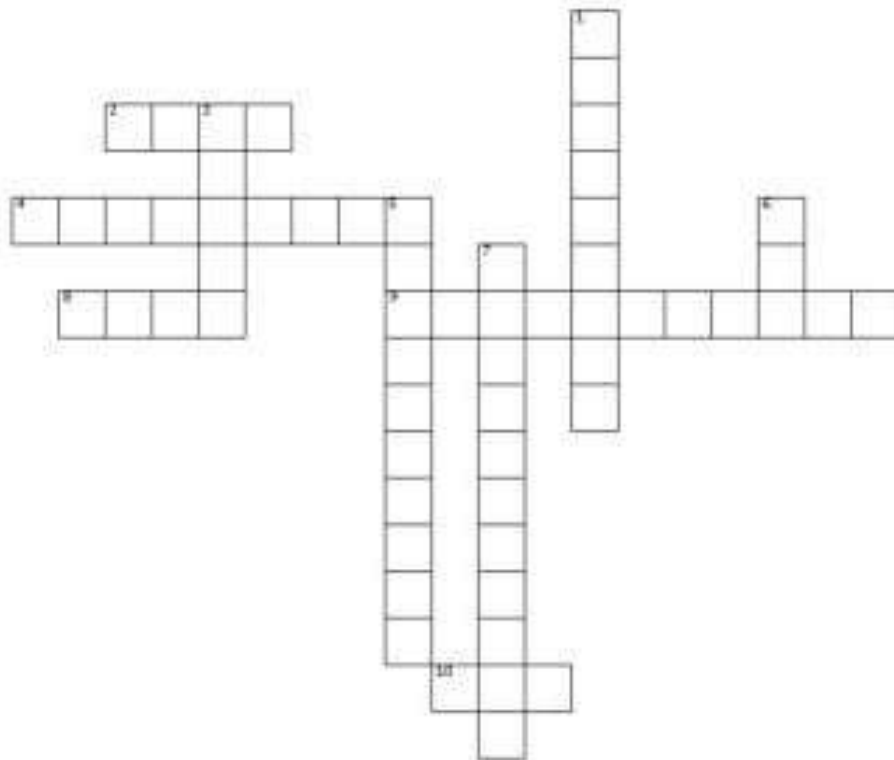
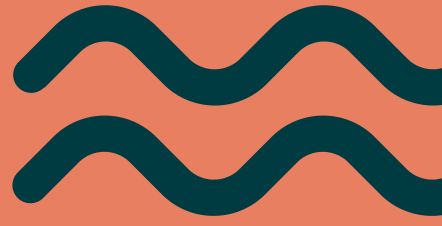




# **REASONS OF MY FEELINGS AT SCHOOL**



# PUZZLES ABOUT REASONS OF MY FEELINGS AT SCHOOL



## ACROSS

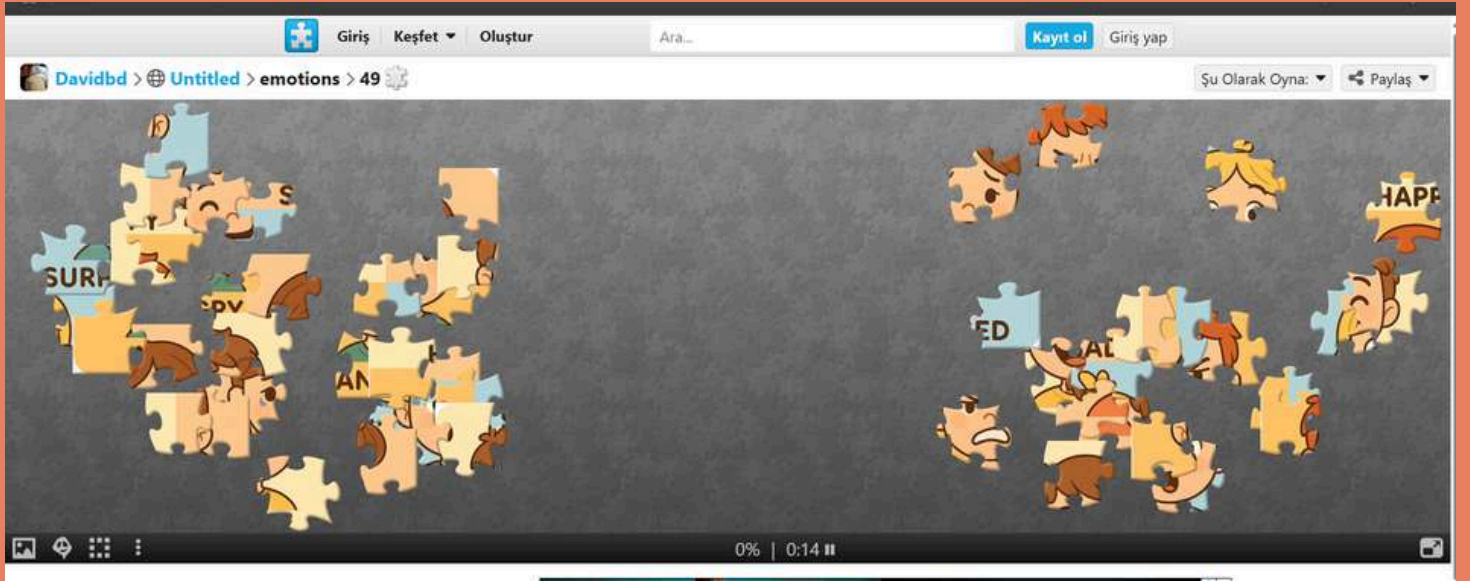
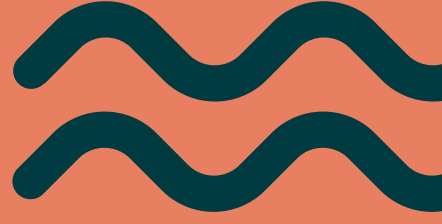
- 2. – You turn to me when the skies are gray, but you still expect the sun.
- 4. – I arrive when you say “thank you” and truly mean it.
- 8. – I’m present in hugs, kind words, and late-night calls.
- 9. – I visit you in quiet moments when everything feels just right.
- 10. – I bubble up when you’re laughing uncontrollably or dancing in the kitchen.

## DOWN

- 1. – I sneak up when something totally unexpected and funny happens.
- 3. – I show up when you’ve done something hard and nailed it.
- 5. – I make your heart race when something amazing is about to happen.
- 6. – I take your breath away in front of mountains, stars, or greatness.
- 7. – I’m the spark behind your best ideas and dreams.



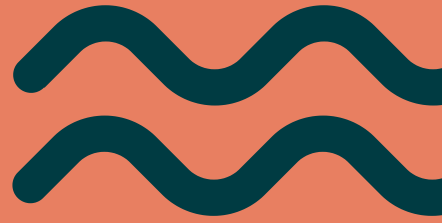
# A DIGITAL PUZZLE ABOUT REASONS OF MY FEELINGS AT SCHOOL



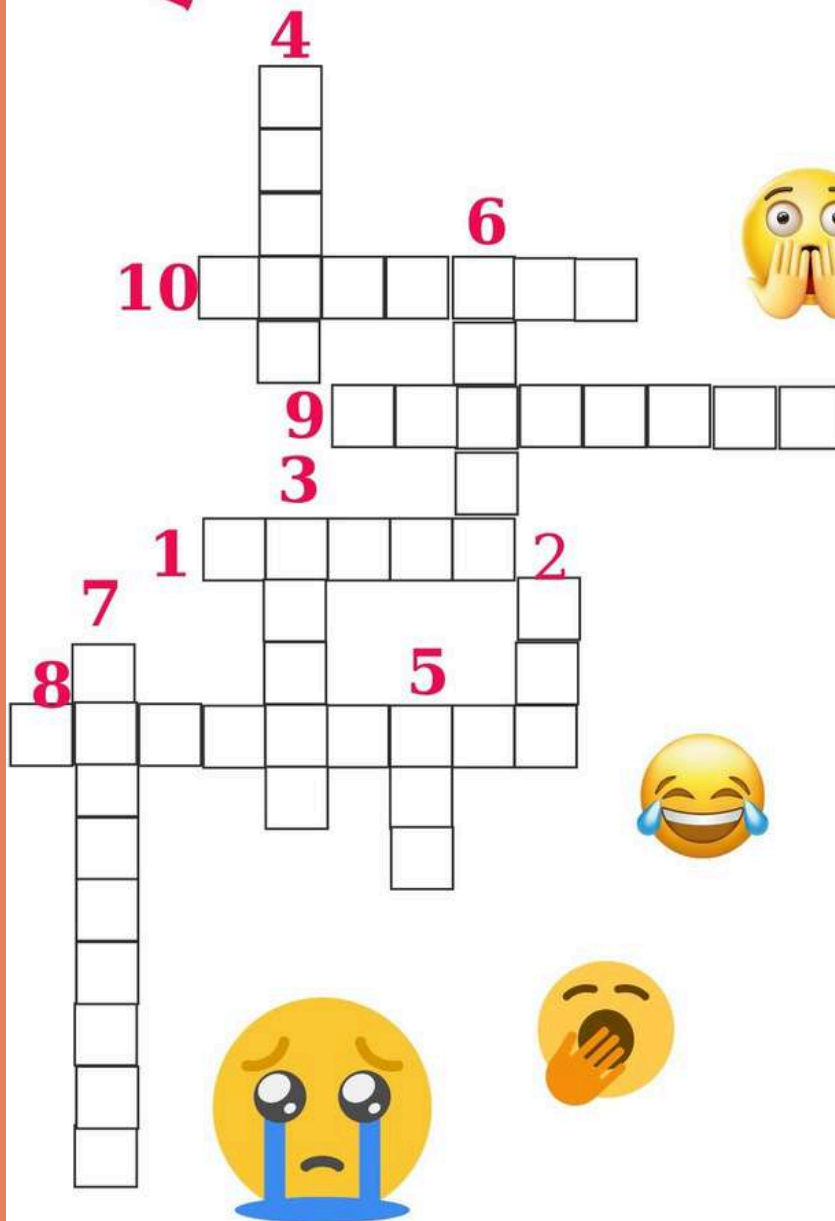
**[CLICK HERE TO SEE THE JIGSAW PUZZLE :\).](#)**



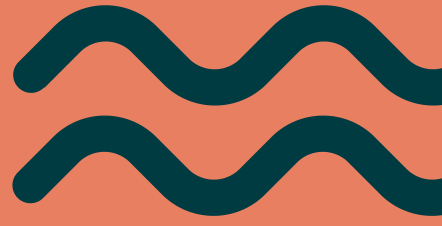
# PUZZLES ABOUT REASONS OF MY FEELINGS AT SCHOOL



*Puzzle - When do I feel these emotions?*



# PUZZLES ABOUT REASONS OF MY FEELINGS AT SCHOOL



**1** When I see my best friends?

**I feel.....**

**2** When my best friend doesn't  
come to school ?

**I feel.....**

**3** When there is something unfair

**I feel .....**

**4** After a tiring day at school?

**I feel .....**

**5** When I fall down on the ground  
during the games?

**I feel .....**

**6** When my friends make me  
lough?

**I feel .....**

**7** When I get high marks ?

**I feel .....**

**8** When my friends make me a  
surprise ?

**I feel.....**

**9** When I buy gifts for my  
friends?

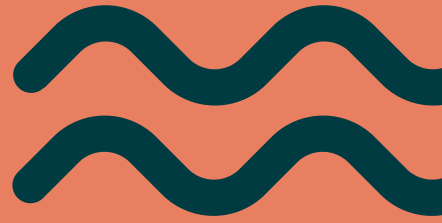
**I feel.....**

**10** When I help my friends?

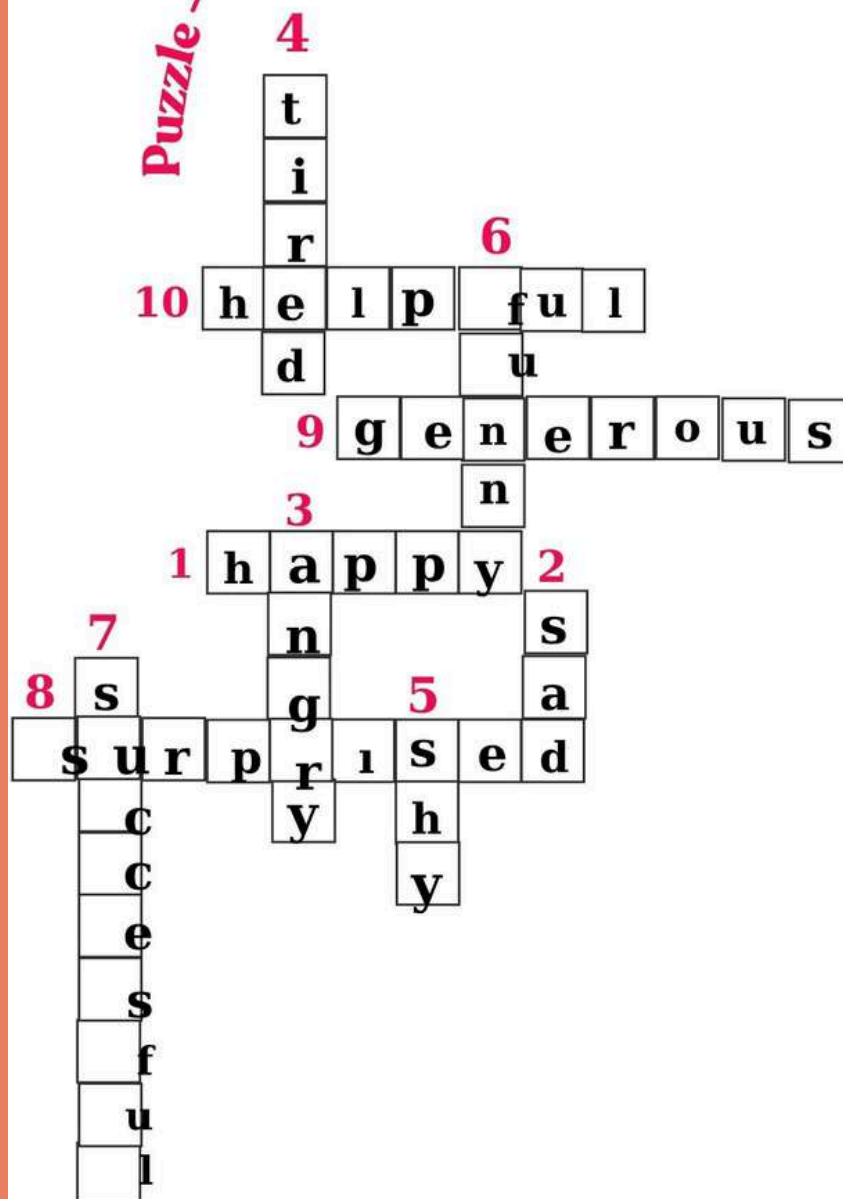
**I feel.....**



# PUZZLES ABOUT REASONS OF MY FEELINGS AT SCHOOL

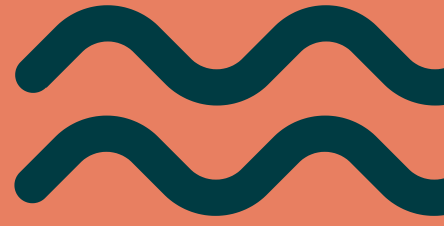



*Puzzle - When do I feel these emotions? - Answer Key*





# A DIGITAL QUIZ ABOUT REASONS OF MY FEELINGS AT SCHOOL



 **When and why do I feel these emotions?**  
Evaluación • Cristina Serna • English • 1er grado

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Mejora tu actividad


**Quizizz** Acciones

- Generar flashcards
- Añadir preguntas similares
- Traducir cuestionario
- Más opciones

Al límite 0/10 per month


**7 PREGUNTAS** Mostrar respuestas ☒

1. OPCIÓN MÚLTIPLE 30 sec • 1 pt

 I feel \_\_\_\_ when someone remembers a small detail I mentioned long ago.


☐ Happy ☐ Embarrassed  
☒ Surprised ☐ Excited

2. OPCIÓN MÚLTIPLE 30 sec • 1 pt

 I feel \_\_\_\_ when I have to speak in front of a large audience

☐ Exhausted ☐ Calm  
☐ Happy ☒ Nervous

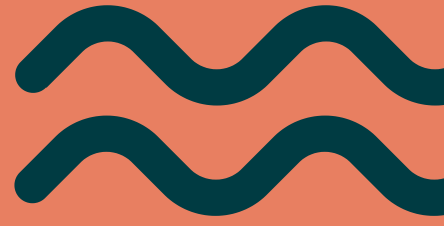
3. OPCIÓN MÚLTIPLE 30 sec • 1 pt


 I feel \_\_\_\_ when I hear strange noises at night



[CLICK HERE TO DO THE QUIZ :\).](#)

# A DIGITAL QUIZ ABOUT REASONS OF MY FEELINGS AT SCHOOL



**emotion**  
Evaluation • Cristina Irimia • Other • 3rd Grade

[Copy and edit](#) [Save](#) [Share](#) [Worksheet](#) [More](#)

[Preview](#) [Minutes](#) [Start now](#)

**Student Preview**

1/5

How do you feel when you get a low grade?

Select all correct options (MSQ)

angry

disappointed

angry

indifferent

happy

5 QUESTIONS

Show answer options ☒

1. MULTIPLE CHOICE

45 sec • 1 pt

How do you feel when you get a low grade?

☒ angry

☒ disappointed

☒ angry

☐ indifferent

☐ happy

2. MULTIPLE CHOICE

45 sec • 1 pt

What do you do to overcome anger?

☐ I break objects.

☐ call

☒ I do physical exercises.

☒ I do breathing exercises.

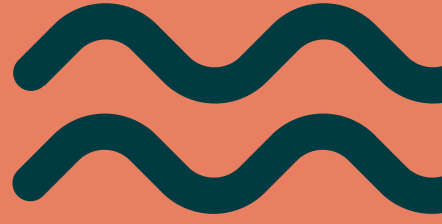
3. MULTIPLE CHOICE

30 sec • 1 pt

[CLICK HERE TO DO THE QUIZ :\).](#)

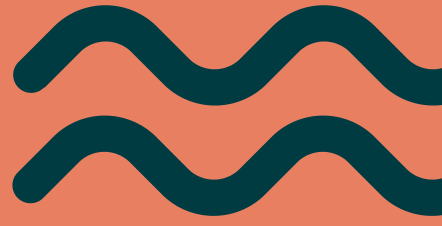


# A QUESTION-ANSWER GAME ABOUT REASONS OF MY FEELINGS AT SCHOOL

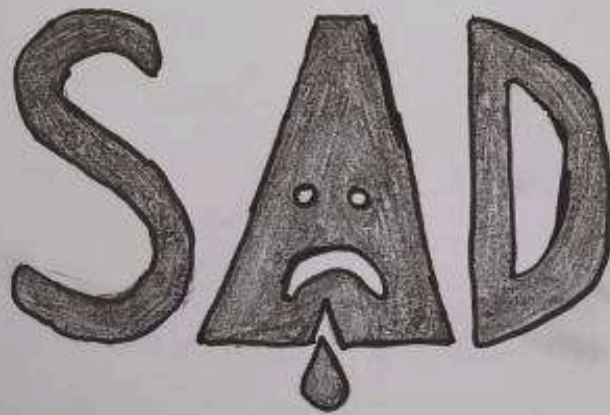
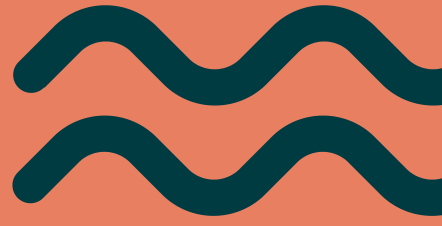


**[CLICK HERE TO WATCH THE GAME :\).](#)**

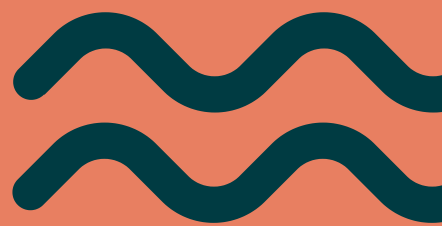
**SNAPWORDS  
ABOUT  
REASONS OF MY FEELINGS  
AT SCHOOL**



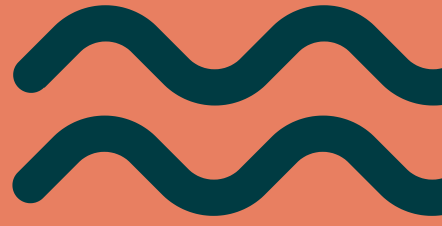
**SNAPWORDS  
ABOUT  
REASONS OF MY FEELINGS  
AT SCHOOL**



**SNAPWORDS  
ABOUT  
REASONS OF MY FEELINGS  
AT SCHOOL**



**SNAPWORDS  
ABOUT  
REASONS OF MY FEELINGS  
AT SCHOOL**

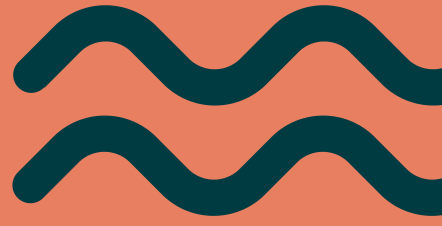


**ANGRY**





# VARIOUS SCHOOL ACTIVITIES ABOUT REASONS OF MY FEELINGS AT SCHOOL



# VARIOUS SCHOOL ACTIVITIES ABOUT REASONS OF MY FEELINGS AT SCHOOL

